

# Hand Tied Extensions

## Products to Keep Stocked:

Wet Brush	Texturizing spray
Unite 7seconds Detangler	Dry shampoo
Hair Oil	Dry Conditioner
Hydrating or Moisturizing shampoo and B3 Extension Refresh	Flexible hold hairspray

## Shampoo and Conditioning:

Brush hair thoroughly before getting in the shower.

When shampooing, shampoo lightly around your rows. Intense scrubbing can lead to tangles and mats.

Condition thoroughly through mids and ends.

After showering, spray 7seconds Detangler throughout your hair and the extension hair. Brush thoroughly, holding onto the base of your rows as you brush through the tangles as to not pull them loose.

Spray B3 Extension Refresh through mids and ends and comb through.

After brushing, add a hair oil through mids and ends.

### **DO NOT SLEEP ON WET HAIR OR AIR DRY!**

Not blow drying almost immediately will cause your extensions to tangle and mat at the base.

Blowdry completely before adding any heated styling tools.

## Styling:

Styling is versatile since rows are undetectable. Braids, ponytails, half up, and top knots are all possible!

For beachy loose waves, use a 1" to 1.5" curling iron or wand.

If you have two rows, section out hair and curl one row at a time.

Keep your hair brushed and tangle free throughout the day.

Before going to bed, brush hair and put into a loose braid to avoid tangles while you sleep. This also helps keep your style longer!

## Day Two Styling:

Take your braid out and brush thoroughly.

Use an oil on mids and ends.

Dry shampoo at the roots if needed.

Touch up curls where you can the disconnect from your natural hair.

Spray texturizing spray and dry conditioner through ends

Let your curls cool and then brush through again.

### **Maintenance:**

**Your extensions will need moved up every 6-8 weeks.**  
Please see "Hand Tied Extensions Overview and Booking" for more information.